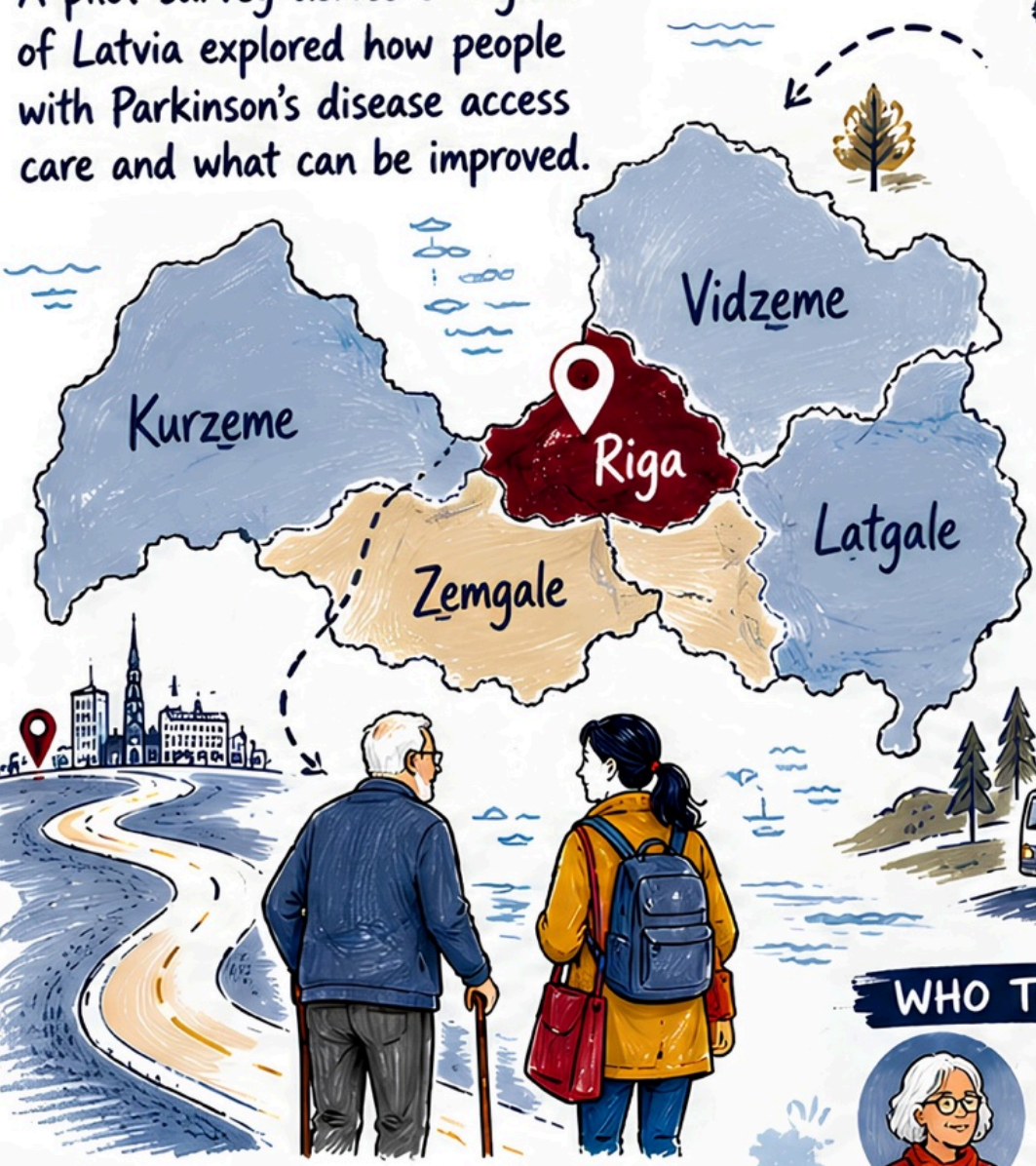


# Parkinson's Disease Care in Latvia

## Insights from patients and neurologists



A pilot survey across 5 regions of Latvia explored how people with Parkinson's disease access care and what can be improved.



### WHAT WE FOUND



#### Access & travel

- Longer travel distances outside Riga
- More difficulty attending appointments
- Fewer local specialist services



#### Care & support

- Fewer opportunities for multidisciplinary care
- Limited access to physiotherapy and other services
- Regional differences in waiting times



#### Treatment & resources

- Most use levodopa-based treatment
- Reimbursement levels differ by region
- Limited access to advanced therapies
- Insufficient funding reported

### WHO TOOK PART?



50 people living with PD



55 neurologists across Latvia



All 5 regions represented

### WHAT PATIENTS WANT



- ✓ Better access to specialist care
- ✓ More physiotherapy & rehabilitation
- ✓ Fair medication reimbursement
- ✓ Telemedicine & local services

### WHAT NEUROLOGISTS WANT



- ✓ More multidisciplinary teams
- ✓ Faster access to advanced therapies
- ✓ Better funding & resources
- ✓ Updated national guidelines & training



Where you live in Latvia can influence how easily you access Parkinson's disease care.



Based on a pilot survey. Full findings published in **Equity Neuroscience** (2026): 100023  
Abola P, Wolden M. Disparities in neurological management for Parkinson's disease in Latvia: Pilot study evidence.

